

Sugar Land Diet & Weight Loss

Patient Login

Ronald M. Pucillo, M.D., has the largest and most established medical weight loss facility in Sugar Land, Texas. If you plan to diet, you should begin by talking to a certified medical and diet doctor who specializes in helping patients lose weight and become fit.

Doctor Pucillo has more than a medical clinic, more than a doctor's office. Pucillo Family Practice, P.A./The NRG Wellness Center is a facility that includes diagnostic equipment, a physical therapy department, a dietician and a multitude of medical services, which you will see on this website.

The doctors at NRG will work on your total health, from medication to exercise, and will monitor your diet progress. We realize there are some patients who have tried diet and exercise for years but it has just not been enough. For those people, we can help you decide whether bariatric surgery is an option for you. We have partnered with a bariatric center specializing in lapband and gastric by-pass surgery. Let us review your diet and exercise history and determine which option is best for you.

If you are serious about losing weight and becoming fit, Doctor Pucillo and his Sugar Land staff are ready to help you start your diet today.